

# Summary of Ecological Values and Issues related to the proposed Sandy Lake-Sackville River Regional Park

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Nature Conservancy of Canada  
January 15, 2020



## **Notes to Accompany Ecological Attributes Presentation January 15, 2020. Dr. David Patriquin**

Slide 2: Where – just above the neck of the Chebucto Peninsula, a significant conservation area in its own right

Slide 3: What – as described on the slide

Slide 4: What, Habitats – Forest and surface waters make up prob 90% of more of the 2000+ acres; it includes 3 lakes, Sandy Lake to Sackville River watercourse

Slide 5: It is very mixed Acadian forest. All the major tree species are well represented; and there are many pockets of Old Growth variously with hemlock, white pine, and rich hardwoods (sugar maple, yellow birch, ash) dominant. Age of Old Growth: 140 to ~211 years, relates to historical storms.

Slide 6: It includes SRA in both the terrestrial and aquatic components

Slide 7: Recreation: significant use now of lands east of Sandy Lake, many old logging roads provide natural trails. Great potential given location between Bedford and Sackville area... get people off of the wilderness trails and onto these logging roads

Slide 8: Sandy Lake is relatively deep, stratifies, supports Walter's salmon, likewise the watercourse; SRA has put digger logs in; it is Critical habitat

Major Threat– Development on west side, that area is critical for terrestrial connectivity and habitat and the watercourse for aquatic and riparian connectivity; and as aquatic habitat

Observations on S.Lake show increasing salt, marginal O<sub>2</sub> in deeper waters; In the 50s it was Oligotrophic, now mid-mesotrophic...modelling study suggested it could be maintained as mid-mesotrophic with development; I am skeptical, but anyway we should be aiming for Oligotrophic, especially with climate warming.

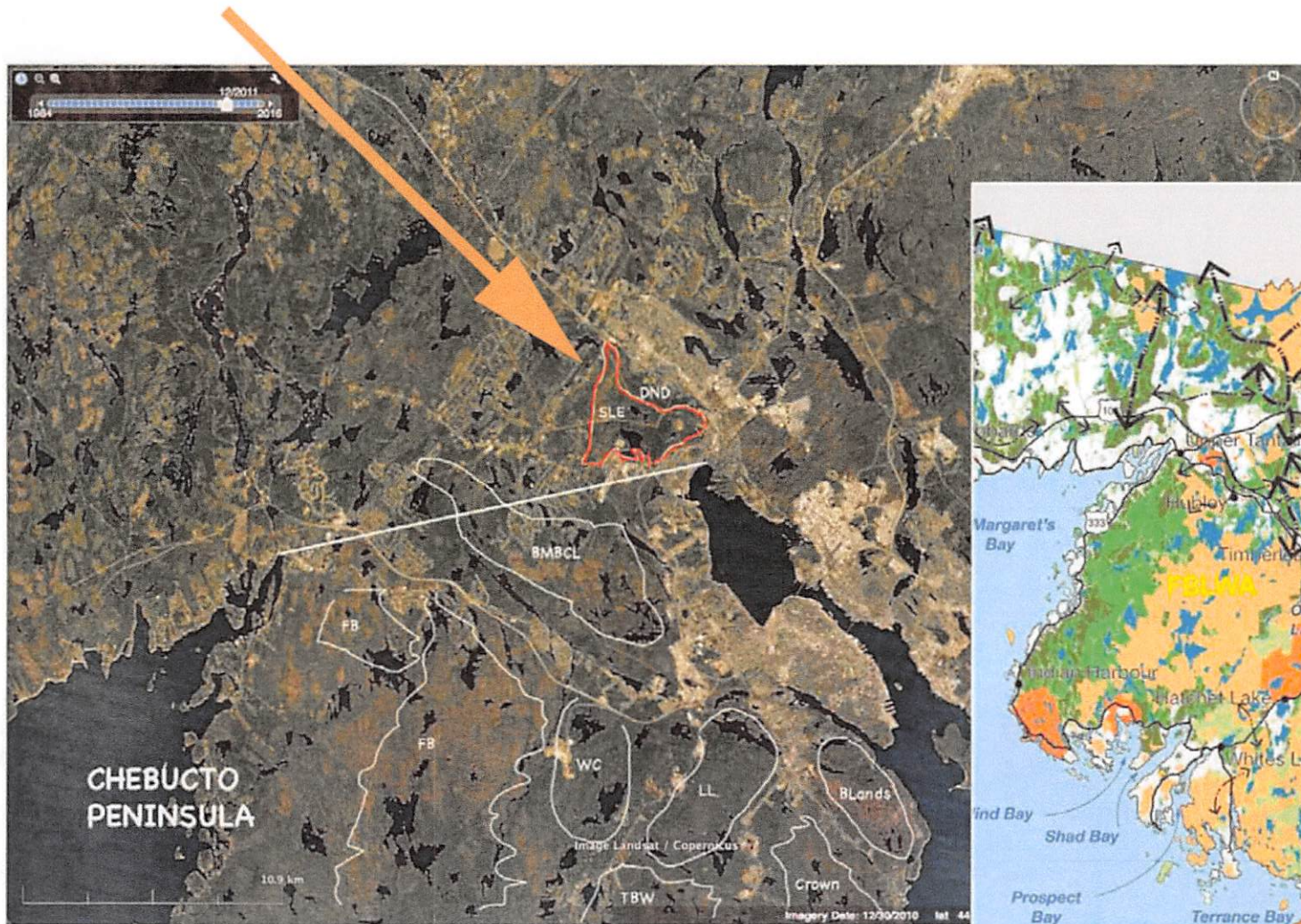
Also, Sandy lake watershed is critical for flood control Bedford area; was not modelled in recent flood plain study on assumption said author, there would be no dev at S.Lake for 100 years; not been properly highlighted

Slide 9: Connectivity. Lies at neck of Chebucto Peninsula which is a significant conservation area, by my estimate Close to 30% protected, additional 12% Crown Land...but cut off at the neck; connectivity to central and eastern mainland; stepping stones now, but all the more important

Slide 10: a current Pinch Point

Slide 11: Putting it all together, west and north for conservation, east for integrated recreation and conservation.

Where:



**Chebucto Peninsula: a significant conservation area**

**Modified from HGNP**

**Sandy Lake & Environs: critical connectivity  
Chebucto Peninsula to central/eastern mainland**





View NNE: Marsh Lake to Sackville River



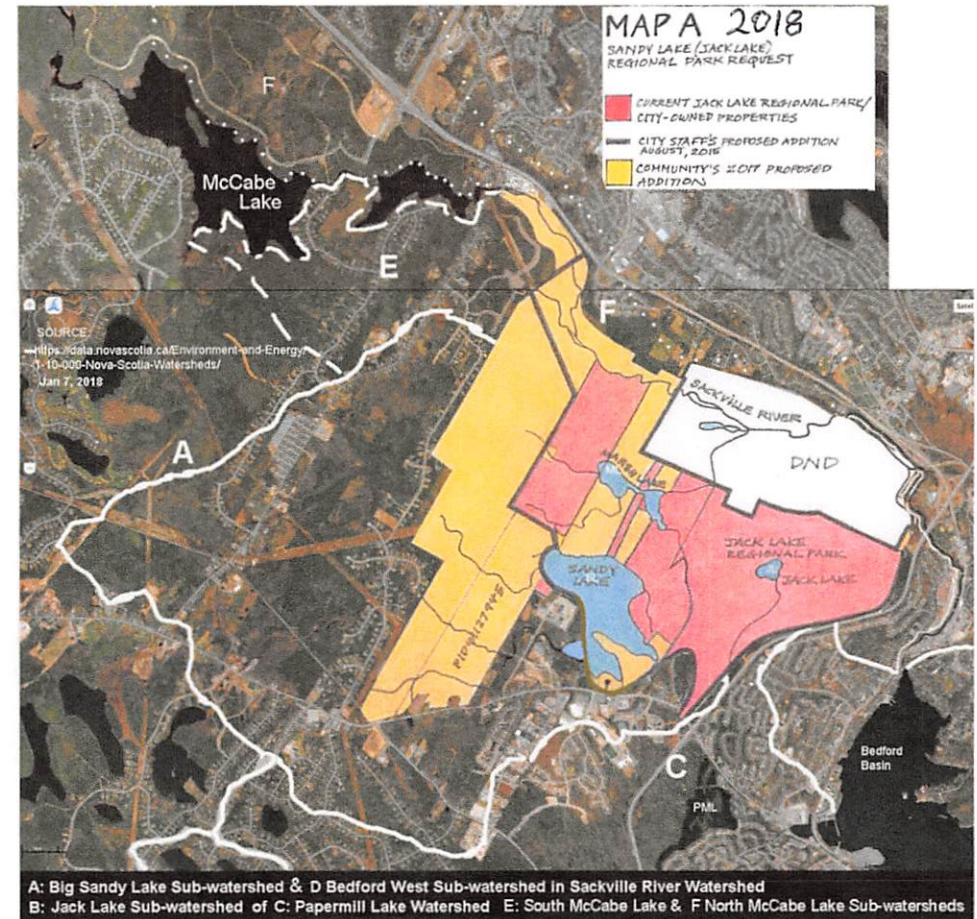
Looking east to Jack Lake and, in the distance, Bedford Basin



View west onto clearcut, Peverill's Brook at top right

## What: 2000 acres of mixed Acadian forest & surface waters (lakes, streams, wetlands)

- Pieces of 4 subwatersheds, Sandy Lake the largest
- ~1000 acres now HRM, ~1000 now private
- bounded to south by Hammonds Plains Rd., north by Sackville River, east by Hwy 102, west by Gatehouse & Viscount Runs



## Existing and Proposed Parkland/Protected Area

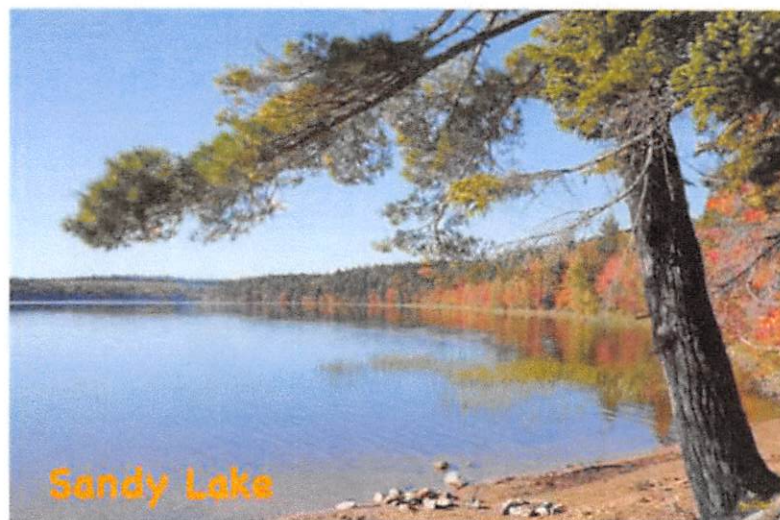




Upper Peverill's Brook



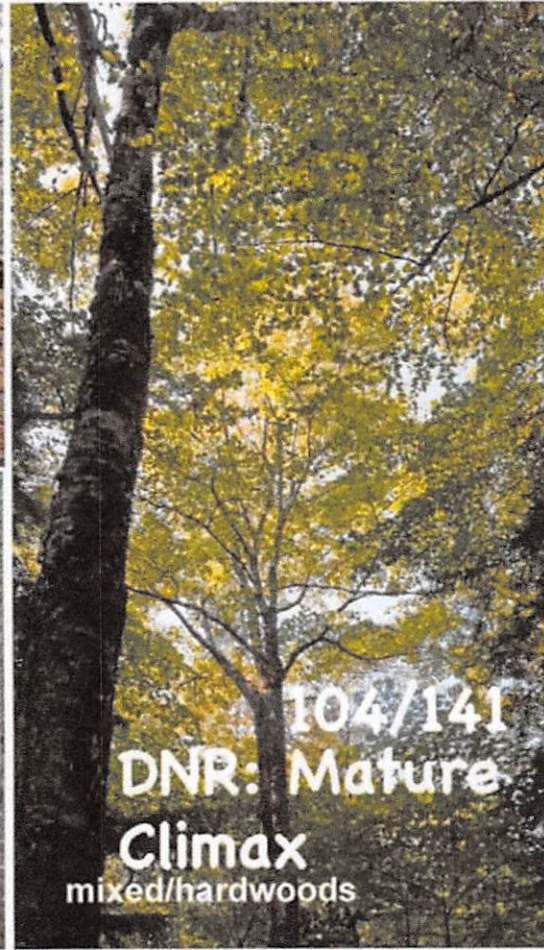
Marsh Lake



Jack Lake

Forest, Wetlands  
Streams, Lakes





## Old Growth:

- fewer but bigger trees
  - younger trees also present...gaps, multilayered
  - lots of deadwood: snags & CWD; cavities
  - trees with lichens, moss
  - "spongy duff", beetles...
- \*\*forest floor not level but with "pits & mounds"**

- Andrew Whitman of the Manomet Center for Conservation Sciences (Mass,) & Shawn Fraver of the University of Maine's School of Forest Resources cited by Joe Rankin in: "Old Growth" Forests Defined by Key Ecological Characteristics, Dec 20, 2016 on <http://www.forestsfornainefuture.org>



## 13 Species-at-Risk

Little Brown Bat  
Mainland Moose

Barn Swallow  
Canada Warbler  
Common Nighthawk  
Chimney Swift  
Eastern Wood Pewee  
Olive-sided Flycatcher  
Rusty Blackbird

21 of 23 vertebrates species  
associated with old Acadian  
forests



Snapping Turtle  
Wood Turtle

American Eel  
Atlantic Salmon



Ovenbird - forest interior species





## RECREATION

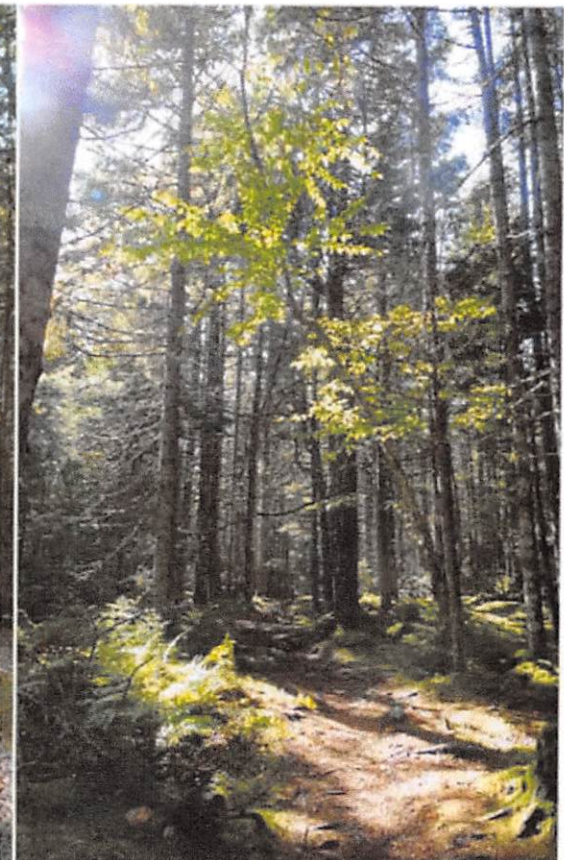
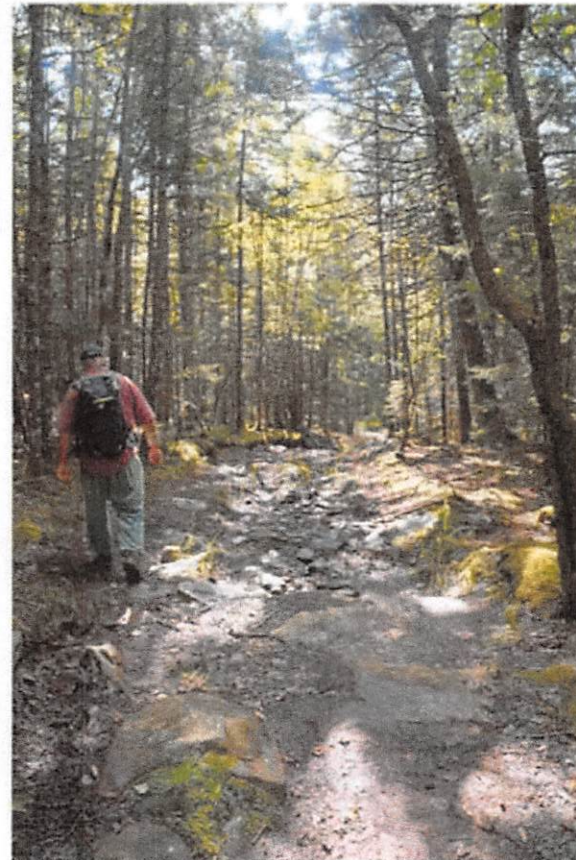


Swimming Fishing  
Paddling ice sports

Wilderness hiking  
Forest Bathing  
Birdwatching,  
Natural History  
Wilderness Running  
Hiking



Walking  
Snow-shoe, Ski  
Dog walking  
Mt Biking





# Sandy Lake Water quality: marginal oxygenation of deep waters currently, salty water accumulating

## ISSUES

FROM  
AECOM (2014)

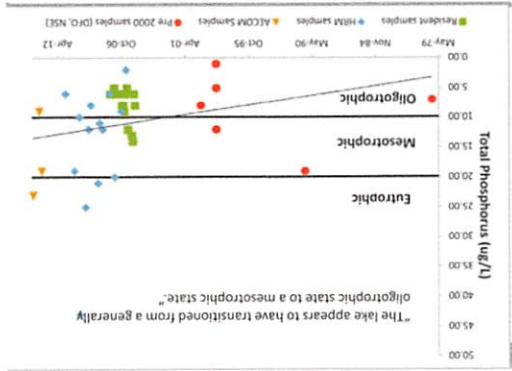


Figure 9: Sandy Lake Total Phosphorus - All Samples

Lake	Trophic State Objective	Numerical Objective	Early Warning	Evaluation
Sandy Lake	Mesotrophic	< 18 µg/L	15µg/L	Based on 3 year running average
Marsh Lake	Mesotrophic	< 15.5 µg/L	13 µg/L	Based on 3 year running average

Why should the goal be mid-mesotrophic?

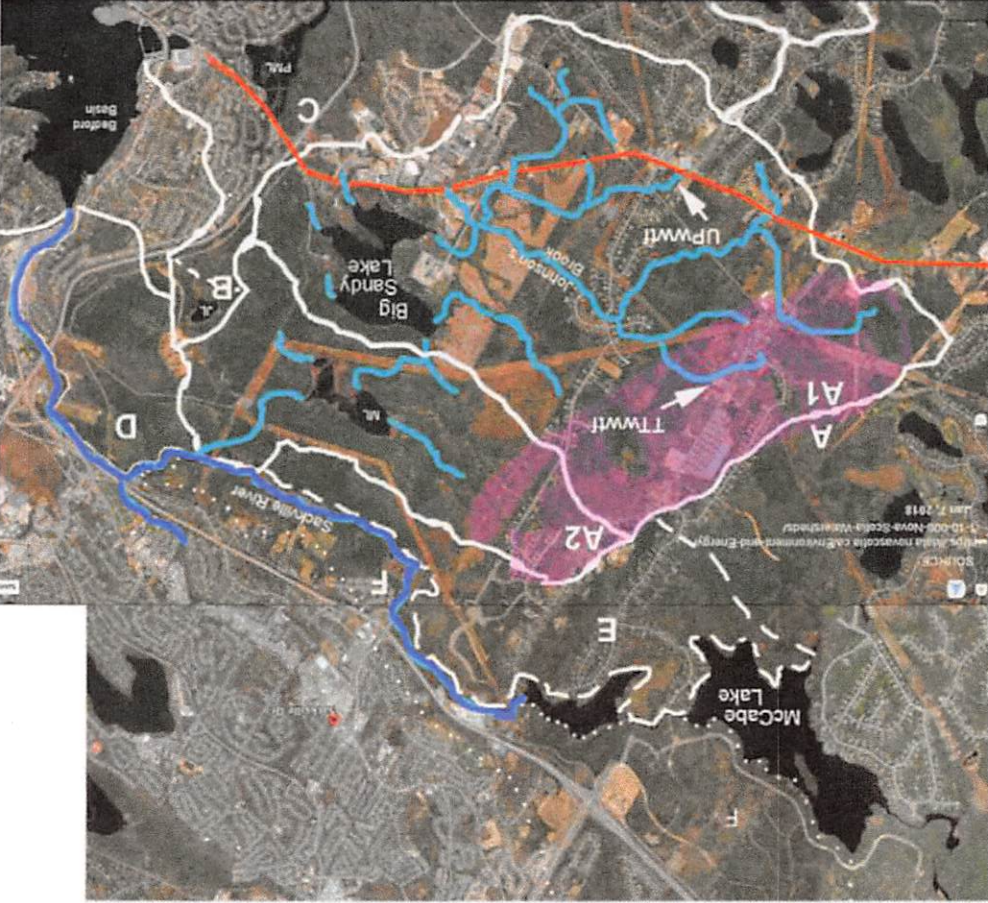


So we need to protect land to the west of Sandy Lake

Surface waters flowing into Sandy Lake are concentrated on the western side of the lake where development is proposed.

## Major streams of Sandy Lake Sub-Watershed

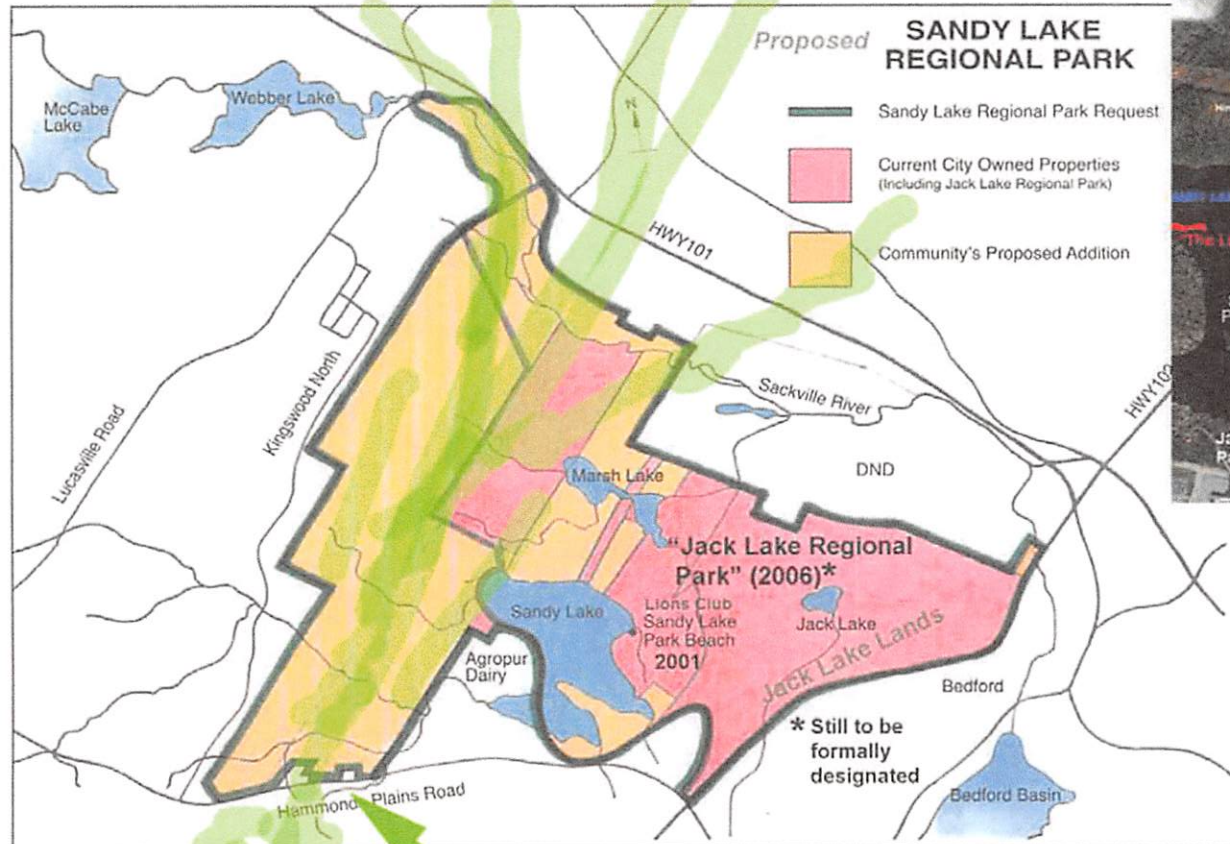
A1 Sandy Lake and A2 Marsh Lake are subwatersheds of the Sandy Lake Sub-watershed of the Sackville River Watershed. Purple highlighted areas: Bedrock with acid-generating potential; UPWWT: Uplands Park waste water treatment facility; TTWWT: Timber Trails waste water treatment facility; Blue highlighted streams are the major streams in the Sandy Lake Sub-watershed as identified in the Sandy Lake Watershed Study Final Report (AECOM 2014).





## Map 3

# ISSUES: CONNECTIVITY



### Jack Lake Lands:

- Many trails, multiple uses all seasons;  
mostly informally managed

### Sandy Lake Beach Park:

- Formally managed;  
swimming, paddling, fishing

CHEBUCTO  
PENINSULA

## Major reasons to expand the Park

#1

- Historical

#2

- Protection of the Sandy Lake to Sackville River watercourse for migratory fish, reptiles, amphibians, waterfowl, otters...  
water quality/aquatic recreation; reduce downstream flooding

#3

- Provide a forested wildlife corridor connecting lands of the Chebucto Peninsula with central and eastern mainland

The proposed SLRP embodies more of the original concept of a Regional Park at Sandy Lake, which was for parkland around the lake, not to one side of it, and that of the 1979 MAPC plan which would "include more area on all sides, from the Sackville River to the Hammonds Plains Road and from the Bedford Rifle Range west toward the Lucasville Road (including buffers and flood plains)."



Urgent: protect this pinch point

Google Earth

359 m

2003

Imagery Date: 9/5/2015 lat 44.772821° lon -63.713291° elev 93 m eye alt 2.00 km







## A species to watch: freshwater mussel

Posted on January 2, 2020 by [admin](#). [www.sandylakebedford.ca](http://www.sandylakebedford.ca)



Empty mussels are common on shore and in shallows amongst aquatic plants

The freshwater mussel *Pyganodon cataracta* occurs in abundance at Sandy Lake. I have viewed many living specimens while snorkelling in the shallows (down to 2-3 m) and discarded shells are common amongst emergent wetland plants around the fringes of the lake. The latter could be the remains of river otter luncheons.



Living mussel

It was thus with some interest that I caught this title: [A freshwater mussel apocalypse is underway—and no one knows why](#) by Carrie Arnold on [www.nationalgeographic.com](http://www.nationalgeographic.com), Dec 16, 2019. From that article: Throughout the U.S. and Europe, staggering numbers of freshwater mussels are dying. To make the matter worse, no one knows why, prompting investigations into everything from infectious diseases to climate change to water pollution...

...mussels are crucial to their ecosystems, both by cleaning water of impurities and creating shelter for other species via their shells (after their decades-long lifespans are over)...Tony Goldberg, a wildlife disease expert at the University of Wisconsin-Madison, puts mussels' importance more bluntly. Without them, he says, "the freshwater ecosystem will change forever."

So together with the turtles and frogs and salmon and trout and other valued species we still find in Sandy Lake, the mussels are one to keep an eye on.